

LOOKING TO PRIORITIZE MENTAL HEALTH AT YOUR ORGANIZATION?

MENTAL HEALTH AWARENESS TRAININGS

FROM MARTIN COUNTY HUMAN SERVICES



What We Do

Martin County Human Services offers a variety of trainings to community organizations through its Mental Health Awareness Training Program. Trainings teach individuals the importance of mental health, connect them to mental health resources, and teach the signs and symptoms of mental health crisis. All trainings result in a certification for each participant.

Which Training is Right for You?

Mental Health First Aid (MHFA)

Learn to identify, understand, and respond to signs of mental health and substance use challenges among adults.

*6 hour training
(In-person or virtual)*

Question, Persuade, Refer (QPR)

Learn how to talk with someone who may be suicidal and refer them to appropriate help. QPR is evidence-based and recognized as the world leader in suicide prevention training.

*One Hour Training
(In-person or virtual)*

Crisis Intervention Training (CIT)

Learn how to handle mental health crisis situations and work with local mental health and substance abuse agencies to connect people to appropriate help.

40 hour, week long training program

Best suited for Law Enforcement and First Responders

Handle with Care (HWC)

Learn evidence-based practices for behavior management and crisis intervention. Teaches verbal and physical de-escalation strategies

2-day in-person training

CONTACT US FOR MORE INFO OR SCHEDULE YOUR TRAINING!



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JOIN US IN REDUCING MENTAL HEALTH STIGMA IN OUR COMMUNITY.

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